

Conference Schedule

Thursday September 29	
9:00 am to 12:00 pm	CSE I
12:00 to 1:00 pm	Lunch Break
1:00 to 4:00 pm	CSE II
6:00 to 9:00 pm	Registration Open
6:00 to 9:00 pm	Bookstore Open
7:00 to 9:00 pm	Elizabeth Pantley Presentation

Friday, September 30	
8:45 am to 12:00 pm	Registration Open
9:00 to 9:30 am	Opening Ceremonies
9:30 am to 5:00 pm	Exhibits Open
9:45 to 11:00 am	Session 1
9:45 am to 12:30 pm	CSE III
11:15 am to 12:30 pm	Session 2
12:30 to 1:45 pm	Bookstore Open
12:30 to 1:45 pm	Lunch Break
1:45 to 3:00 pm	Session 3
3:15 to 4:30 pm	Session 4
4:30 to 5:30 pm	Bookstore Open
5:30 to 6:30 pm	Area Council Meet 'n Greet
6:30 to 9:00 pm	Western Dinner

Saturday, October 1	
8:00 to 9:15 am	Leader Appreciation Breakfast
8:45 am to 12:00 pm	Registration Open
9:00 am to 4:30 pm	Exhibits Open
9:30 to 10:45 am	Session 5
11:00am to 12:15 pm	Session 6
12:15 to 1:45 pm	Bookstore Open
12:15 to 1:45 pm	Lunch Break
1:40 pm	Silent Auction closes
1:45 to 3:00 pm	Session 7
3:00 to 4:30 pm	Bookstore Open
3:15 to 3:45 pm	Closing Ceremonies

will receive a CEU worksheet in their registration packets in order to track credits while taking sessions.

COMMUNICATION SKILLS ENRICHMENT

The Communication Skills Enrichment Program is a comprehensive course that promotes communication skills useful in personal and professional relationships. Basic principles of good communication include genuineness, respect and empathy. The program is structured in three-hour practice sessions with CSE I a prerequisite for CSE II and CSE II for CSE III. Members of the CSE department will be facilitating these sessions. Participants are expected to attend all three sessions.

While the training is intensive, nursing babies are welcome as the group will work around mother-baby needs. For more information, contact **Maggie Geraci, Communication Skills Instructor Coordinator, 850-877-6301, miniawyer@earthlink.net 3014 Gil Way, Tallahassee, FL 32317.**

BOOKSTORE

Current materials from LLL, books on parenting and breastfeeding topics, children's selections and books recommended by conference speakers will be available for sale in the bookstore. Conference T-shirts and other memorabilia will also be available. Cash, credit cards, personal and Group checks will be accepted. Leaders and LLL members will receive a discount on most books. Show your current Leader or LLL membership card to receive your discount. For information on the bookstore contact: **Pamela Williams-Smith, pallas@side-door.org 850-580-2765, 1373 Burgess Drive, Tallahassee, FL 32304-2718**

EXHIBITS, RAFFLE & SILENT AUCTION

The exhibits include commercial, distributor, educational and cottage industries. The Raffle and Silent Auction Committee needs items such as new toys, gift certificates, plants, crafts and Hawaiian vacations. Additionally, this year we are again proud to feature baskets prepared by LLL Groups throughout the Area. For information on how to become an exhibitor or to donate an item, please contact: **Heather Songer, the_songers@yahoo.com, 850-385-8691, 1307 Leewood Avenue, Tallahassee, FL 32308.**

Hints for Having Fun

Listen to your child

Listening to your child is the single most important thing you will do at this conference. Unhappy babies and toddlers often will enjoy a stroll, some down time at the Rock 'n Rest or a visit to the playground. No one will be offended if you leave a session to comfort your little one and you will be allowed to return to all sessions.

Conference Features

"The No-Cry Sleep Solution... The Gentle Way to Help Your Children Sleep Through the Night" - SPECIAL PRESENTATION BY ELIZABETH PANTLEY
We are honored to have Elizabeth Pantley, author and educator, present a public session on Thursday, September 29 at 7:00 pm. There will be a book signing, book sales, free activities for children and exhibits.

FAMILY DINNER AND TRIBUTE TO LYNNE SWOPE
Join us as we celebrate your family and the greater La Leche League family on Friday evening beginning with an Area Council Meet 'n Greet at 5:30 pm poolside. From 6:30 to 9:30 pm, La Leche League of Florida is proud to honor and remember Lynne Swope, long-time LLL Leader who died January 14, 2005. Enjoy a western inspired BBQ dinner, then stay for country-western dancing from 8:30 to 9:30 pm. There will be children's activities, games and plenty of fun. Reserve your family's spot on the registration form.

LEADER APPRECIATION CEREMONY

Please join us Saturday morning at 8:00 am as we honor new Leaders, longtime Leaders and Area Council members. It's a chance for Leaders to renew their commitment to La Leche League.

CHILDREN'S SESSIONS

Children's sessions run concurrently with adult sessions. The program is open to children three years and older who are ready to be separated from their parents. Children under three years of age may attend the sessions but *must* be accompanied by a responsible caregiver. As space is limited, parents should register their children on the registration form. There may not be space if you wait until the conference. Children must be collected by a parent between sessions. **There are no refunds given for Children's Activities, but you may sell your tickets to other parents.**

LLL LEADER CEUS

La Leche League Continuing Education Units (LL CEUs) will be available free of charge for Leaders. CEU guidelines allow the Leader to sign in with a monitor at each topic and leave the event with her certificate in hand. Leaders can document their breastfeeding education [BE], organization and management training [OM], and communication skills education [CS] with a certificate that states the topic title and hours credited. All Leaders LLL LEADER CEUS

**September 29, 30
& October 1, 2005
The Radisson Barceló
Orlando, Florida**



**La Leche League of Florida
presents**

**25th Annual Breastfeeding &
Parenting Conference**
for Parents, LLL Leaders,
Lactation Consultants, Nurses & Dietitians



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Special Guests

Parenting educator Elizabeth Pantley is president of Better Beginnings, Inc., a family resource and education company. Elizabeth frequently speaks to parents in schools, hospitals, and parent groups, and her presentations are received with enthusiasm and praise. She and her husband, Robert, live in the state of Washington with their four children.



Marcia Lutostanski, IBCLC, is Chairman of the LLLI Board of Directors. Marcia has been a member of LLL since 1984. She was accredited in 1989 and was elected to the LLLI Board in 2000. She has been a Leader in Malaysia, Brazil, Japan and the US. She and her husband, John, have three children.



Anne Boyd is the Regional Administrator for Leader Accreditation for the Southern Region. She has been an LLL Leader since 1993, and is the mother of four children, ages 14-2. She directs the Childbirth Educator Program at a local community college school of nursing.



Hilary Flower lives in Florida with her partner Ben and their three children. *Adventures in Tandem Nursing* is her first book. She holds a B.A. in English and an M.A. in Geological Sciences. *Adventures in Gentle Discipline* is her second book. Nursing her children has provided the passion and curiosity that inspired her to write these books.



... and many others

This conference is open to parents, LLL Leaders, members and others interested in meeting the needs of children by parenting though breastfeeding. The purpose and mission of this conference and La Leche League is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.

The information in this brochure may be copied and shared. For additional registration brochures, send name, address and 37¢ postage for each brochure requested to: **Jenny Maddox, ACS 3225 Pioneer Road Tallahassee, FL 32309, 850-877-9410, jamaddox@comcast.net.**



La Leche League of Florida
3225 Pioneer Road
Tallahassee, FL 32309

Conference Program

Early registration is recommended as seating capacity in sessions is limited. Select your first, second and third topic choice for each session. Children will be present at all sessions; please be aware of the unique atmosphere and tone this creates. Speakers are subject to change and topics are subject to cancellation without notice.

Session Key

CA: Children's Activities
CERP: Continuing Education Recognition points for IBCLEs
CSE: Communication Skills Enrichment
FO: Fathers Only
LLL Leader CEUs:
CS: Communication Skills
OM: Organization & Management
BE: Breastfeeding Education

Thursday, September 29

9:00 am to 12:00 pm

CSE I Listening from Your Heart

Identifying feelings and the rationale behind them. [CS]
Jerami Pack, Delainey Casey

1:00 to 4:00 pm

CSE II Offering Information for Change

Recognizing deeper meanings. Offering information to enable responsible decision-making. [CS]
Jerami Pack, Delainey Casey

Friday, September 30

9:00 to 9:30 am: Opening Ceremonies with LLLI representative **Marcia Lutostanski**

Double Session: 9:45 to 12:30 pm

CSE III Developing Skills for Harmony

Teaches how to set limits and confront others in non-threatening ways. [CS]
Jerami Pack, Delainey Casey

Session 1: 9:45 to 11:00 am

101 Environmental Chemicals in Breast Milk [CERP]

Agricultural, occupational and environmental pollution concerns of mothers with chemical exposures. [BE]
Kelly Bonyata, IBCLC

102 Understanding and Managing your Anger

Helping parents understand the reasons they get angry at their kids. Specific alternatives to angry outbursts; step-by-step process to control anger.
Elizabeth Pantley

103 Raging Waters

Menopause is a life passage as well as a physical event. Discuss symptoms, facts, and fallacies, and how nutrition and natural remedies can help this to be a joyful time.
Janice Horvath

CA1 Make String Art

Session 2: 11:15 to 12:30 pm

201 Working and Breastfeeding [CERP]

Practical tips, techniques and strategies for supporting the mother who is away from her breastfeeding baby. [BE]
Debbie Albert, IBCLC

202 Kid Cooperation

Learn how to encourage cooperation in a peaceful way, improve children's behavior and stay calm and in control while handling discipline with authority.
Elizabeth Pantley

203 Infant Massage: Enhancing the Bond Between Parent and Infant

Learn massage techniques to relieve colic, relax baby, enhance growth and improve communication and sleep.
Jerri Monroe

CA2 Make a Loopy Caterpillar

Session 3: 1:45 to 3 pm

301 Bountiful Harvest: Increasing Milk Supply [CERP]

How to increase breast milk supply by use of psychological, chemical and mechanical means. [BE]
Andrea Mass

302 Optimizing Speech and Language Development in Your Baby

Using baby sign language can help ease frustration for you and your child by enabling your baby to communicate.
Sara Browning

303 The LLLong Haul

Exploring the paths of more experienced Leaders. Discuss the benefits of long-time leading and tips to avoid Leader burnout and stress. [OM]
Chris Berning

304 Getting More Involved in LLL

The many different ways you can help La Leche League at the local, state and international level in its mission to help mothers and babies. Includes a discussion of leadership prerequisites. Open to all attendees, whether or not they are interested in leadership.
Marcia Lutostanski

305 Family Nutrition: Giving Kids the Tools to Make Their Own Wise Choices

A nutritious diet is an important investment in our children's futures. It can be challenging to establish healthy eating habits-come learn tips and techniques to get your children eating wisely.
Pamela Williams-Smith & David Smith

306 The Art of Baby-wearing

Review the history and philosophy of baby-wearing. How it can make breastfeeding easier and mothers more mobile. Various techniques and equipment will be presented. Proper fitting will also be demonstrated and practiced.
Julie Nicewinter, Jeanne Castle

307 Meeting Children's Nighttime Needs While Meeting Your Need for Sleep

Parenting doesn't stop at night. Babies need to nurse, older children may need comforting. Approaches to meeting everyone's needs while getting necessary rest.
Nancy Moses

CA3 Make Puzzle Frames

Session 4: 3:15 to 4:30 pm

401 Candidiasis: Current Trends in Management of Yeast Infections in the Breastfeeding Dyad [CERP]

Learn the latest techniques for treating and preventing yeast overgrowth in mother and baby. [BE]
Alicia Rudin, IBCLC

402 Exercising Stronger Wings

Encouraging your 'tweenager (eight- to 12- year-old) to explore independence while still maintaining a strong parental emotional attachment.
Joan Peloso, Mary Rainer

403 Planting the Seeds and Watching them Grow

Ideas for creating a strong and lasting Group and revitalizing the established Group. Includes when and how to start a new Group or add a meeting; and/or how to split a large Group. [OM]
TBA

404 Taking the Mystery out of the Preview

Find out what it's all about! Learn what the Preview includes, who it involves, and why it is a part of the application for LLL leadership. Watch a Preview situation role-play and participate in a discussion on preparation for the Preview.
Sheryl Sacharoff, Tammy Veatch

405 Eeek, it's Four O'clock! What's for Dinner?

Tips and ideas to make a nutritious meal with what's on hand.
Betsey Lunsford, Angeli Chin-Franz

406 Childbirth Today and Tomorrow: Trends and Concerns

Listen to a panel of experts in the field of birthing review where we are and where we're going.
Anne Boyd

407 Isn't He or She a Little Big for That?

Sharing session for mothers with older children who nurse. Discuss the triumphs and trials of breastfeeding your older child. Share ideas for coping with and enjoying this unique relationship. Reflect on mother's feelings, child's needs and society's views.
Nancy Moses

CA4 Make a Bottle Hoopla Game

Saturday, October 1

Session 5: 9:30 to 10:45 am

501 Drugs and Human Milk [CERP]

An evidenced based review of the pharmacokinetics of drugs in a breastfeeding mother and breastfed child. Including a discussion of the relative safety of certain non-AAP reviewed drugs used during breastfeeding. [BE]
David Ziska, Pharm.D. & Elaine Ziska

502 Creating Original Books for Your Family

Interactive session to learn how to make homemade books using photos and artwork and either original text or text adapted from children's books, songs or poems. Attendees will cooperatively make a book.
Laura Johnson

503 Becoming IBLCE Certified through LLL Leadership

Using your experience as an LLL Leader to become IBCLC certified. Exploring the pathways and requirements.
Anne Boyd

504 Hello, this is LLL

Role-playing helping calls. Effective listening skills, asking the right questions, the importance of phone logs and resources available to Leaders.
Joan Peloso, Tammy Veatch

505 Starting Solids and Nutritional Needs of the One-to-Three year old

Tips and ideas to ensure your one-to-three year old is getting the nutrition they need.
Pat Lindsay

506 The Last Baby: Letting go of the Childbearing Phase of your Life

Discussing the strong emotions that come from this important life passage. Tips for coming to terms with your feelings.
Chris Berning

507 Intake and Output

Evaluating nursing situations and gauging breastfeeding's effectiveness based on baby's output. [BE]
Tina Chambers

CA5 Make Box Animals

Session 6: 11:00 am to 12:15 pm

601 Hot Topics -Identifying and Dealing with Tongue Tie, Short Frenulum and more [CERP]

Evaluating challenging breastfeeding situations due to tongue tie, short frenulums and more. [BE]
Alicia Rudin, IBCLC

602 Of Mothers and Mothers-in-Law

Trouble with your mother-in-law? Or maybe YOU are the mother-in-law... Tips to help ease hurt feelings and communicate better. [OS]
Anne Boyd

603 Adventures in Gentle Discipline

A comprehensive look at loving guidance, what it means, what works and what doesn't.
Hilary Flower

604 New Leader Forum: a Chat for New Leaders

Chat informally with other new Leaders and Area Council representatives to ask questions, voice concerns, talk about your expectations and share in plenty of love and laughter. This session is geared toward new Leaders, but all Leaders are welcome to attend.
Florida TEAM and Area Council members

605 Father-to-Father Support [FO]

Come share and learn from one another's experiences with breastfeeding and parenting. Giving time to your children, your wife and yourself.
Fred Browning

606 Parenting as Partners

Respecting each partner's evolving role and keeping the romance alive while caring for the changing needs of your children.
Elaine & David Ziska

607 When Will Daddy Be Home?

Parenting tips for mothers whose partners work long hours, travel or must be away from home. Keeping fathers part of the family.
Andrea Mass

CA6 Make Stick Puppets

Session 7: 1:45 to 3:00 pm

701 Gizmos and Gadgets [CERP]

A hands-on look at breast pumps, nipple shields, supplementing devices, Haberman feeders and other breastfeeding aids. Learn when to use or not to use them to help the breastfeeding pair succeed. [BE]
Kelly Bonyata, IBCLC

702 The Young and the Restless

Learn what to expect from a one- to three-year old. Identify developmental stages and how to best meet a child's needs during this time of intense brain development.
Barbara Kelley

703 Something More for Leaders

The benefits to Leaders of forming a Chapter. [OM]
Delainey Casey

704 Making Peace with your Birth Experience

Overcoming and working through a less-than-perfect birth experience. Options for better future births.
Debbie Grant

705 Father to Father on Discipline [FO]

A general guide for fathers on age-appropriate behavior and choosing effective plans for loving guidance based on this knowledge.
Rob Moses, Andrew Quinn, LMHC

706 Pinching Pennies

Living frugally, whether by choice or by necessity. Ways of saving and setting family priorities.
Scott Boyd

707 Motherhood Stress Relief

Discuss the challenges faced by mothers today and positive techniques for meeting them. Stress reduction for breastfeeding mothers and for those who counsel them.
TBA

CA7 Make Maracas and Music

Accommodations

The Radisson Barceló
8444 International Drive
Orlando, Florida 32819
407-345-0505 or 888-390-9696

La Leche League of Florida rate: \$65 per night plus tax for single/double occupancy, or \$85 per night plus tax for a deluxe room with interior corridors.

To receive these rates, make reservations by September 5 and mention that you are with La Leche League.

Roll-aways and cribs are available for a nominal charge and must be reserved in advance.

This full service resort, located in the heart of Orlando on International Drive, is ideal for both leisure and business travelers. Guests are just minutes away from Orlando's popular destinations, shopping and area restaurants.

The Radisson Barceló is proud of their affiliation with the esteemed YMCA Aquatic & Family Center located on site. The YMCA Aquatic & Family Center has three heated indoor pools, a full state-of-the-art wellness center which offers weight machines, a full cardio-theater as well as a 1200 sq.ft. free weight area. They also offer four indoor two-wall racquetball courts, spinning, aerobics (both land and water), and much more. All guests may enjoy all the exciting amenities the YMCA has to offer.

Special Recreational Features

- Guest privileges at adjacent YMCA Aquatic and Fitness Center with an Olympic-sized pool,

23 Nautilus machines, racquetball courts and aerobic classes.

- Heated outdoor swimming pool and Jacuzzi.
- Kiddies play area.
- Lighted tennis courts, bocce ball, horseshoes and sand volleyball court.
- Valet, guest laundry, room service and ATM.
- Lovely poolside pavilion perfect for receptions, banquets or social functions.
- Over 50 restaurants and Shops within walking distance.
- Several challenging golf courses nearby.
- Free transportation to Universal Studios, Islands of Adventure, City Walk, Sea World and Wet 'n Wild.

Special Accommodations

If you require special accommodations due to a physical handicap or disability, indicate your needs on your registration form. We want you to enjoy the Conference activities as much as possible!

Community Toy Box

Bring your unwanted toys to conference, and we will put them in a big box near Registration. At the conference, your children can choose a toy from the box, either to keep, or just to use while in the sessions. We hope this will help entertain children attending sessions with their adults.

Strollers

Due to safety precautions, no strollers will be allowed in the conference area unless a mother is bringing twins, or she or her child is in some way physically challenged. Stroller permits will be issued under those circumstances only.

Directions

From The Airport/Heading West on 528 (BeeLine Expressway) - Take the International Drive Exit (1); Attractions Area. At the bottom of the ramp, turn right and go two (2) miles past the Orange County Convention Center. On your right will be the "Mercado Mediterranean Shopping Village." The *Radisson Barceló Hotel, Orlando* will be on your left.

From Tampa (The West Coast Of Florida)/Heading East on I-4 - Take the Sand Lake Road Exit (74A). At the bottom of the ramp, turn right go to the first light: which is International Drive. Turn right onto International Drive and go 1/2 mile down. On your left will be the "Mercado Mediterranean Shopping Village", the *Radisson Barceló Hotel, Orlando* will be on your right.

From The Turnpike/Downtown District/Heading West on I-4 - Take the Sand Lake Road Exit (74A). At the bottom of the ramp, turn left and go under I-4 to the next major intersection: Sand Lake Road and International Drive. Turn right onto International Drive and go 1/2 mile down. On your left will be the "Mercado Mediterranean Shopping Village", the *Radisson Barceló Hotel, Orlando* will be on your right.

Lend a Helping Hand

Many helpers are needed to make the conference a success from set up to clean up. Volunteers receive 10 raffle/drawing tickets for every two hours they work. Check the appropriate box on your registration form if you wish to volunteer.

Local Attractions

The Radisson is just two miles from Universal Studios and Islands of Adventure, eight miles from Walt Disney World, Pleasure Island and Downtown Disney and close to Sea World, Discovery Cove, Wet 'N Wild Water Park, the Florida Mall, Mall at Millenia, Pointe Orlando, Mercado Marketplace, and the YMCA Aquatic Center. The hotel is also a mile from the Orange County Convention Center and just 13 miles (15 minutes) from the Orlando International Airport.

This conference is open to parents, LLL Leaders, members and others interested in meeting the needs of children by parenting through breastfeeding. The purpose and mission of this conference and La Leche League is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support and encouragement to women who choose to breastfeed.

2005 LLL of Florida Area Conference Registration Form

Please complete both sides of this registration form using black or blue ink. Please PRINT name clearly!

Full Name: _____

Spouse/Partner (if attending) _____

Address _____ City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

LLL Group you attend: _____

Name of those attending with you, but not registering for sessions:

Check all that apply: LLL Member Leader (date accredited) _____ Leader Applicant

LLL Alumni/retired Area Council (position) _____ Healthcare Provider

Peer Counselor Guest Speaker IBCLC Other _____

PRINT THE NAMES AND AGES OF CHILDREN ATTENDING:

PARENTS, note below if your child has any special needs:

Yes, I would like to volunteer! I can help in the following areas:

- Registration Bookstore Set up
- Clean up Children's Sessions Meals
- Anywhere I am needed

Session #	Primary Registrant Name:			
	1st	2nd	3rd	Children's Activities - list names
CSE I				
CSE II				
Session 1*				
Session 2				
Session 3				
Session 4				
Session 5				
Session 6				
Session 7				

Session #	Secondary Registrant Name:		
	1st	2nd	3rd
Session 1			
Session 2			
Session 3			
Session 4			
Session 5			
Session 6			
Session 7			

*Please note that the CSE III morning session on Friday is double length, lasting from 9:45 am to 12:30 pm. Do NOT, therefore, register for a topic in Session 2.

Registration Details

Guidelines

ALL participants, including speakers and exhibitors, must register. Full payment must accompany the registration form. Please add all fees carefully. You will be notified if there is an incomplete or partial payment. Your registration will not be processed and topics will not be assigned until full payment is received. Registrations must be received by 9/01/2005 to be processed without late fees. Registrations received after the deadline will be handled as an incomplete payment.

To register at the member's price you may pay your membership dues to your Group or enclose it with your registration fee. Please include your LLL Group's name.

Registration is available both on-line at www.lllusa/FL.org and via mail. Credit card payment is required with on-line registration and is available with mail-in registration. Credit card payments are subject to a \$3 processing fee.

If you choose mail, send your completed registration form and appropriate fee to the Florida Area Conference Registrar at the address below. **Please make your check payable to LLL of Florida or include the requested credit card information on the registration brochure.**

To receive a confirmation of your registration, send a SASE to the Florida Area Conference Registrar or request confirmation via email. Session topics cannot be confirmed.

Early-bird registrations received by September 1 are entitled to a free ticket to hear Elizabeth Pantley on Thursday, September 30, 2005 at 7 pm. Registrations received after September 1 will incur a \$20 late fee.

Walk-in registration will be available on-site, space permitting. Walk-in registration and one-day attendance is possible. Topics will be assigned based on space availability and will be closed when seating capacity is reached.

Session topics are assigned on a first-come, first-served basis and space is limited. Register early to save money and get the session topics you want.

A \$25 service fee will be charged on all returned checks. A \$10 service fee will be charged on all non-approved credit cards.

If you are unable to print the registration brochure from our Web site, you may request additional brochures by sending your address (a preprinted label is preferred) and one first class stamp per brochure to the Area Conference Registrar at the address listed below.

Friends of LLL, Children of LLL and personal ads must be received by September 15, 2005 to be included in the Program Booklet.

Refunds

Refund policy: For a full refund less \$10 handling fee, requests must be received by 9/18/2005. Requests received after 9/18/2005 will be entitled to a 50% refund less \$10 handling fee. No refund requests will be accepted after 10/15/2005. Mail your request to the registrar with a SASE. Only registration fees are refundable; no refunds will be given on meals, pre-ordered merchandise or other fees. Refunds will be mailed approximately 30 days after the conference.

Registration Contact

Susan Overton
 AREA CONFERENCE REGISTRAR
 5506 N Central Avenue
 Tampa, FL 33604
 (813)237-6827
LLLFLACf@tampabay.rr.com

Meals

Friday lunch is a sumptuous Italian buffet including assorted tossed greens, assorted pastas, breads and chocolate dessert.

Friday night's western dinner will include a buffet of potato salad, coleslaw, rosemary chicken, barbecued back ribs, corn on the cob, baked beans, rolls, and apple cobbler.

Saturday breakfast is a buffet of pancakes, pastries, fruit juices and assorted breakfast meats.

Saturday lunch is a fabulous Mexican buffet of grilled and marinated chicken and beef with seasoned onions and peppers, pico de gallo, guacamole, tricolor tortilla salad, and vanilla flan with fresh berries.

What to Bring

Casual wear is appropriate for the conference. The weather should be warm, but the conference area is well air-conditioned. A sweater or cover is suggested for you and your baby.

Bring:

- Baby carriers or backpacks
- Diapers
- Small quiet toys that your child won't mind sharing or losing
- Small blankets for your baby to play on the floor
- Swimwear
- This registration brochure
- Group and personal checkbook

What to Leave at Home

The hotel phone numbers: 888-390-9696 or 407-345-0505 and a copy of your schedule.

PLEASE NOTE: CERP sessions are NOT part of a separate Healthcare Provider Seminar this year. The presenters are qualified to present the topics, although the sessions may be at a more introductory level. We are only providing contact hours for LCs this year. Please be aware children will be in the sessions, and the unique environment this creates.

CEUs have been applied for. CERPs applied for from the International Board of Lactation Consultant Examiners.

CATEGORY	UNIT PRICE	#	TOTAL
LLL Leader Conference Registration	\$80.00		
LLL Member/Peer Counselor Conference Registration	\$85.00		
Non-LLL Member Conference Registration	\$115.00		
Spouse/Caregiver Conference Registration	\$20.00		
Children's Activities per session	\$3.50 x _____		
CSE I-III (free for Leaders and Leader Applicants)	\$30		
Late Registration Fee: Received after September 1 and walk-in	\$20.00		
Elizabeth Pantley Thursday Night Presentation by September 1	One FREE ticket		
Elizabeth Pantley Thursday Night Presentation	\$10.00		
Adult Friday Lunch Buffet	\$19.50		
Child Friday Lunch Buffet	\$9.50		
Adult Friday Hoedown & Dinner	\$30.00		
Child Friday Hoedown & Dinner	\$15.00		
Hoedown only (no meal)	\$10.00		
Adult Saturday Breakfast Buffet	\$10.50		
Child Saturday Breakfast Buffet	\$5.50		
Adult Saturday Lunch Buffet	\$19.50		
Child Saturday Lunch Buffet	\$9.50		
Continuing Education Units for LLL Leaders	FREE		
Continuing Education Recognition Points (LCs only) per session	\$8.00 x _____		
CERP handout (one included with CERP fee)	\$5.00		
LLL Membership (Full Year)	\$36.00		
Ladies T-shirt (see order box for sizes)	\$14.00		
Unisex/Children's T-shirt (see order box for sizes)	\$14.00/10.00		
"FRIENDS OF LLL" Donations of \$5 or more to LLL of FL. List names below as you would like them to appear in the Program Book. Must be received by September 15, 2005.	Indicate amount of donation below:		
"CHILDREN OF LLL" (\$1.00 per name) PRINT first and last names as you would like them to appear in the Program Book. Must be received by September 15, 2005.	\$1.00		
TOTAL			

Registration Fees (Please refer to brochure for details.) Complete both sides of this Registration Form, cut and mail.

Complete if ordering T-shirts

T-shirts - Please indicate the number of shirts next to the sizes below and transfer this quantity to the appropriate row of the registration fees to be included in your total. Red cotton with black imprint. Women's style have scoop neck.

Youth sizes: \$10.00 S (2-4) _____ M (6-8) _____ L (10-12) _____ XL (14-16) _____

Women's Adult sizes: \$14.00 M _____ L _____ XL _____

Unisex Adult Sizes \$14.00 L _____ XL _____ XXL _____

METHOD OF PAYMENT

Check Enclosed Visa Mastercard

Account #

Print Name on Card: _____

Expiration: Code

Signature _____

Make all checks payable to La Leche League of Florida (LLL of FL).

Mail registration to:

Susan Overton
 AREA CONFERENCE REGISTRAR
 5506 N Central Avenue
 Tampa, FL 33604
 (813) 237-6827
LLLFLACf@tampabay.rr.com

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 800-435-7352 WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE.

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